

# Transformational Workshops for the 21<sup>st</sup> century Working Professional



*Peak Performance Workshops*

# Science of Achieving Peak Performance and Massive Success



What are the Real Keys to Peak Performance and Success?

What makes People perform at Peak Potential and achieve Massive Success?

What is it that they do differently?

Can one learn how to achieve Peak Performance consistently and be Successful and Happy at the same time?

Is Success a learnable skill?

The ANSWER is YES...

# Science of Achieving Peak Performance and Massive Success



We, at **Management Leadership Development Centre** strongly believe that one can learn to achieve Peak Performance and Success through a well defined System.

All Humans are equally powerful. The only difference is some of them have learnt how to TAP into their Inner Potential to become SUCCESSFUL while others have no idea of how to use this POTENTIAL.

**Prateek Pathak**, Transformation Success Coach and Human Potential Trainer teaches a **Scientific method** for Unleashing your true potential.

# Science of Achieving Peak Performance and Massive Success

Our conviction comes from the experiences of **THOUSANDS** of participants who have seen their life **TRANSFORM** after attending our **PROGRAMS**.



**Management Leadership Development Centre** is focused on conducting **TRANSFORMATIONAL WORKSHOPS** for Successful and Happy living in the 21<sup>st</sup> Century.

All our participants believe that **"NOTHING IS IMPOSSIBLE"** because they are empowered with cutting edge Tools and technologies to break any **LIMITING BELIEFS** or Past Conditioning.

# Our Workshop Offerings for Working Professionals



*Rise to the Next Level  
and Become Unstoppable.....*

# Module 1: Change the way we think & Fulfill the Purpose & Potential



*Lift a person with 2 fingers....*



*Convert a Human Body into a Stone ....*

A Transformational Workshop which takes the participants through a journey of understanding **the unlimited human potential** and learning how to scientifically tap into this potential for personal and professional success.

- **Learn cutting edge Mind tools** and technologies which speeds up the goal achievement process
- Learn how to stay in the **Peak state of Performance** consistently. **LIVE** your highest potential.
- **Identify roadblocks to success** and learn how to overcome them. Learn how to recondition the mind to overcome **limiting beliefs** and past conditioning that holds back most people.
- Learn how to become **UNSTOPPABLE**. Create a **"YESSS, It's Possible"** attitude. Come to a state of Mind which says **"NOTHING IS IMPOSSIBLE"**
- **Break through ALL limitations** with Experiential activities like **Glass Walking, Fire Eating, Needle Piercing, Body Stiffening, etc.**

# Module 2: Unleash the Power Within

## Program Benefits / Possible Outcomes:

- Tap into your unlimited potential for **goal achievement and problem solving** using powerful mind tools
- **Eliminate Stress – the biggest Human Virus**
- Overcome **limiting beliefs and past conditioning / Internal barriers** which holds you back from achieving what you want. Create a **“YESSS, it’s Possible” Mindset.**
- Take **sound decisions** by developing your Intuition.
- **Unleashing your creativity** for innovation and problem solving
- Increase your **Emotional Intelligence** and therefore EQ
- **Controlling Anger, Fear, Worry, Anxiety and any negative emotions** within minutes.
- Develop a **Positive Mental Attitude**
- Increase your **Confidence**. Deal with **FEAR**.
- Cutting edge mind tools for **increasing your negotiation & convincing abilities**
- Become **UNSTOPPABLE** to achieve **ANYTHING!!**



*Needle Piercing exercise ....*

# Module 3: Unlocking the Secret & Science of Happiness



## A Transformational Workshop for Inner Peace and fulfillment at Work

- Understand the **root causes of Stress** and eliminate it.
- **Relieve Stress in seconds** using 21<sup>st</sup> Century techniques which work fast !!
- Learn how to **control ANGER, FEAR, WORRY, TENSION and OVERWHELM** instantly
- **Control Pain** of any kind in minutes
- Remove **Subconscious Blocks** to Success
- Be **Happy and fulfilled** at Work and Home
- Deal with **cravings, addictions, phobias, past negative experiences**
- Remain **full of energy and vitality**
- Learn to live in the **Present moment** and make the best out of it.



# Module 4: Sales Power Unlimited

## Program Benefits / Possible Outcomes:



*Achieve Exceptional Sales Performance*



*Sky-rocket your sales and maximize performance*

- Tap into the Power of your Subconscious Mind to **skyrocket your Sales Performance**
- Learn Proven Success Principles for **doubling your results**
- Learn cutting-edge Mind Tools to **generate new leads, attract new opportunities**
- Open up your Mind to **create endless possibilities**
- **Eliminate Negativity and Stress** – the biggest **Viruses** that affects your Sales Performance
- Overcome **limiting beliefs and past failures** which may be holding you back from achieving Super Sales Performance. Create a **“YESSS, it’s Possible”** Mindset.
- **Achieve your Sales Targets** in any Market situation
- **Create Innovative solutions** using your Subconscious Mind for **increasing your Sales**
- Keep your **Motivation always high** using powerful techniques to deal with emotions such as **Anger, Fear, Worry, Anxiety, Frustration, Irritation, etc.**
- Develop a **Positive Mental Attitude**
- Increase your **Confidence**. Deal with **FEAR**.
- Cutting edge mind tools for **increasing your negotiation & convincing abilities**
- **Create a strong Influence** on your Prospects, Customers and your Sales team members
- Become **UNSTOPPABLE** to achieve ANY TARGET!!

# Science of Personal Achievement and Peak Performance



We, at **Management Leadership Development Centre** strongly believe that Human Beings have the ability to deal with any situation by coming up with creative solutions.

And that is where using the most important resource gifted to us is very important. This resource is nothing else but **The Mind**.

**The Human Mind can achieve anything provided one learns how to use it effectively.**



# Science of Personal Achievement and Peak Performance



Our conviction comes from the experiences of **THOUSANDS** of participants who have seen tremendous Success after attending our **PROGRAMS**.

**Management Leadership Development Centre** is focused on conducting **TRANSFORMATIONAL WORKSHOPS** for effectively using The Mind for creating high levels of Success in their work and personal life.

The programs have been created with **intensive research since 2010** on how The Mind can be scientifically used to achieve anything and how one can **TAP** into his/her Unlimited potential.

## Facilitator: Transformation Coach, Facilitator, Soft skill Trainer, Stress Management Expert & Meditation Teacher



Prateek Pathak holds a MBA degree in Customer Relation Management. He has over 22 years of business and corporate experience and has led companies as Project Manager positions.

He is an **Success Coach, Human Potential Trainer and Transformation Leader**. He coaches Young Officers, Senior Officers due for Retirement, Professionals, Students, Home Makers. He is also a **Social Entrepreneur & is Secretary, at NGO Anugraha Drishtidaan**, National Level NGO working in 23 states & done 43000 Cataract Operations & C.E.O of BAL AAROGYA (National level NGO for children)

He has touched more than **8,000 people** since 2010 and has made significant difference to their lives through his workshops and coaching. Coordinated around 200+ Training Programs

Facilitator: Transformation Coach, Facilitator, Soft skill Trainer & Stress Management Expert, Meditation Teacher

Director – Training, Management & Leadership Development Centre



Prateek has the following Certifications & Accreditations to his credit:

- Transformation Coach
- Stretch Instructor
- Meditation Teacher
- Stress Management Trainer
- NLP Practitioner
- EFT Practitioner
- Certified Mind Power Trainer
- "Mind + Body + Soul workshops"
- Law of Attraction coach



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Some Clients where we have  
conducted workshops

# CENTRE FOR CONTINUING EDUCATION, WRTS-II, ITARSI

TRAINING PROGRAMME ON

“ Chaning The Way We think To Fulfill our Purpose and Potential ” (FROM 16/11/17 TO 18/11/17)

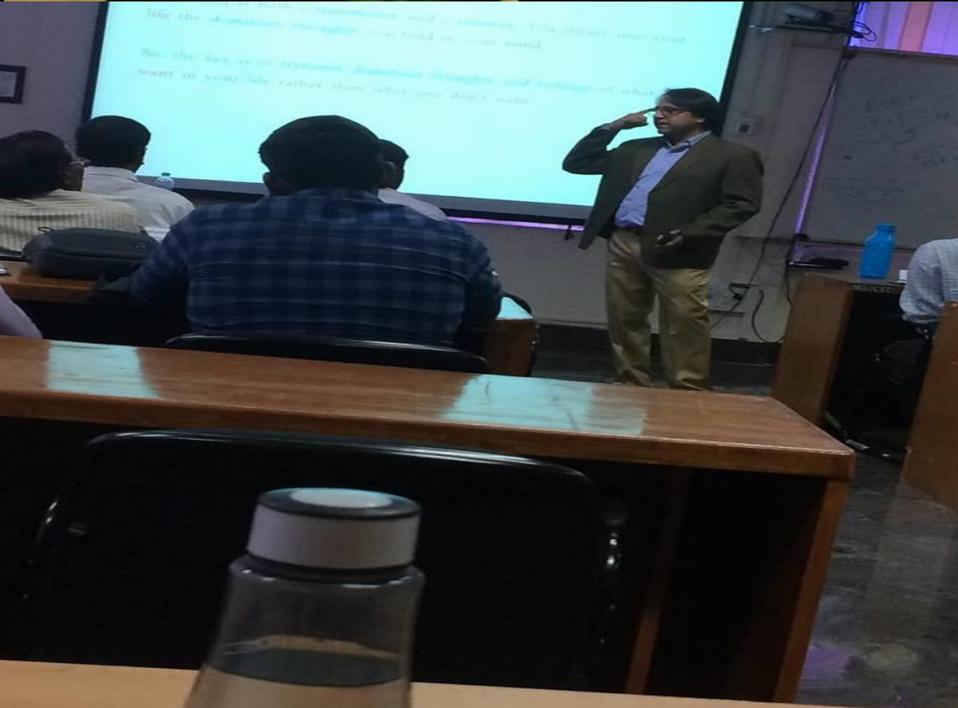


Sitting row(L to R)Sh. :-PRATEEK PATHAK(Faculty) , SANJAY BHATNAGAR MGR. HRD Itarsi,ANIL JHA(Faculty)

1st stand row(L to R)Sh.:-SULTAN SINGH MEENA,P.BRANE,SOLANKI UMESH NATAYARLAL,PATEL HEMANSUKUMAR G.,NARVDA PRASAD PAL,ANKIT SAHU,RAJKUMAR BHI.MILASATHIYAMURTHY,JAGADISHI MUKHERJEE,DEEPAK KUMAR DALAL,GIRIJA SANKAR PATI

2nd stand row(L to R)Sh.:-NAKUM KETANBHAI MANU BHAI,PATEL DHARMESH D.,SANJAY K RANA,PANCHIGAR ROCKY,PATEL MANSHIKUMAR SURESHBHAI,ANIL S/HULE,GULKESH MEENA,MUKESH KUMAR MEENA,GAJENDRA PRASAD RAI

3rd stand row(L to R)Sh.:-BANKUMAR JHARIYA,RISHI AGARWAL,RUPESH MAGARADE,ARJUN SINGH R RATHIYA,ASHA RAM MARKO,KAMESHWAR PRASAD,J.B.R.VISHWAKARMA,ANIL KU.YADAV,AMIT KU.,SHATRUGHNA LAL,PRAJAPATI ANH KU. RITESH KU. GADGADIA,ANURAG KUMAR



पावर ग्रिड कॉर्पोरेशन ऑफ इंडिया लिमिटेड  
POWER GRID CORPORATION OF INDIA LIMITED  
उत्तर पूर्वी क्षेत्र / North Eastern Region

**"CHANGING THE WAY WE THINK  
TO FULFILL OUR PURPOSE & POTENTIAL"**

(4-5 लेवल के कार्यपालकों लिये)  
(FOR E-5 LEVEL EXECUTIVES)

07-08 JULY, 2017  
कोयंबटूर, महाराष्ट्र / KOLHAPUR, MAHARASHTRA





# Thank you



**Management & Leadership Development Centre**  
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